



Scripture

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Matthew 11:28 NLT

Prayer

Lord, thank you that I can come to you when I'm worn out and overburdened. I lay all my worries and frustrations at Your feet, refusing to pick them back up. When it seems nothing is changing, I choose to believe that You are at work on my behalf. I rest in Your love and Your ability to take care of me. In Jesus' name, Amen!

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Scripture

Yes, my soul, find rest in God; my hope comes from him. Truly he is my rock and my salvation; he is my fortress, I will not be shaken. Psalm 62:5-6 NIV

Prayer

Thank you, Lord that you give rest to my soul. No matter the deadlines, the circumstances I face, or the obligations I have I can find complete peace in the midst of them. You are my Source. You are my Rock, my Salvation and my Refuge. I trust in you to provide for me, Jehovah Jireh. I rest in you today, knowing You are faithful. In Jesus' name, Amen!

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Scripture

And He said, "My presence will go with you, and I will give you rest. Exodus 33:14 ESV

Prayer

Father, thank you that You are always with me. Sustain me as I go about my day. Teach me to be aware of Your Presence in all that I do. Help me to see Your hand working in every area of my life. When I feel stretched or uncomfortable, remind me that You are holding my hand. You never leave me or forsake me. Although the world may abandon me or reject me, You never will. Continue to help me realize how deep, how far and how wide Your love for me is. In Jesus' name, Amen!

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