

Scripture

If you are tired from carrying heavy burdens, come to me and I will give you rest. Take the yoke I give you. Put it on your shoulders and learn from me. I am gentle and humble, and you will find rest. This yoke is easy to bear, and this burden is light. Matthew 11:28-30

Deuteronomy 31:6 Luke 6:28 Psalm 90:12



Prayer Declaration

Lord, thank you that I don't have to carry my burdens alone. You are able and willing to take them as I lay them down. I give them to You now... every hurt, every disappointment, malicious or not; I give them all over to you. You are a faithful God and you will never leave me or forsake me, even when others do. I release them and the hurt to you. I pray that you bless them. Lord, help me to see circumstances through Your eyes. Give me an eternal perspective in life, that I may gain a heart of wisdom.

In Jesus' name, Amen!



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We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ.

2 Corinthians 10:5 MSG

Nemans 12:2 James 1:12 John 14:26



Prayer Declaration

Father, thank you that You have given me the ability to control my thoughts. I do not have to allow every random thought to stay in my mind and wreak havoc on my emotions. My mind is being renewed as I read the Word. I have the mind of Christ and my emotions are balanced. I will not give into the temptation to hold offense, but will stand strong and receive the crown of life that God has in store for me. I will take every thought that does not line up with Your word and speak Your truth to it. Each time I am reminded of the offense, I will lay it down again, by the power of the Holy Spirit. In Jesus name, Amen!



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Death and life are in the power of the tongue, and those who love it will eat it's fruit. Proverbs 18:21

Jeremiah 29:11 Mark 11:24 Philippians 4:8



Prayer Declaration

Thank you Lord that you have given me power in my words. From this day forward I refuse to speak any negativity over my life. I will only speak those things that line up with Your word. I will think on what is true, pure and right. I reject any lies from the enemy that say that I'm not good enough or that I'm not valuable. My identity is not wrapped up in my friends, my possessions or my abilities. I am worthy because of the Sacrifice that was made for me. You have a great plan to prosper me and not to harm me; plans for a prospering future. Thank you, that you are bringing godly friends into my life that will encourage me and have the same values I have. I confess these things in confidence, knowing whatever I believe I will receive.

In Jesus' name, Amen!



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